

# citrus

FRESH GRILL

New World Cuisine Using Fresh Wholesome Ingredients with an Eclectic Flair

## Breakfast



### Citrus Buffet

Mon-Fri 6:00am-10:30am

Sat-Sun 6:00am-12:00pm

### ClubSport All American Buffet... 17

Scrambled eggs, egg whites and spinach, waffles, cheese blintz, bacon, assorted sausages, breakfast potatoes, steel cut oatmeal, lox & bagels, cold cereals, house made almond granola, orchard fresh fruits and berries, yogurts, bakery fresh breakfast breads and pastries (includes coffee, tea and juice)

### Omelets

#### Design Your Own Omelet... 11

Three egg omelet designed to your liking with choice of eggs, egg whites or cholesterol free eggs, ham, bacon, sausage, mushrooms, spinach, peppers, onions, squash, artichokes, cheese (jack, swiss, american, cheddar, feta) and choice of toast

#### Egg White Omelet... 10

Cooked in delizia olive oil with south coast farms spinach, tomato and feta cheese

### ClubSport Specialties

#### Breakfast Flat bread... 10

Two eggs any style on top of a crispy wheat crust with spinach, bacon bits, sausage and oven roasted tomatoes

#### The Mayor's Breakfast... 9

Any style, homestyle breakfast potatoes, two eggs, choice of meat, and toast

#### 485 Smoked Chicken and Sweet Potato Hash... 13

Served with two eggs any style

#### Cali-Crab Benedict... 15

Two crispy crab cakes, breakfast potatoes, wilted spinach, poached eggs topped with citrus hollandaise

#### Corned Beef Hash and Eggs... 13

House made corned beef hash served with two eggs any style, hollandaise sauce and your choice of toast

### Trainer Meals

#### Protein Scramble... 13

6oz. steak or chicken breast, egg whites, mushrooms, spinach, served with whole grain toast, homestyle potatoes and a side of fruit

#### 485 Oatmeal and Egg White Pancakes... 9

Blended oatmeal with whipped egg whites, fresh berries, cooked and served crêpe style with sugar free syrup

### From the Griddle

#### 485 Whole Grain Hot Cakes... 10

Farm fresh blueberries, bananas and pecans

#### Cinnamon Swirl French Toast... 10

House made cranberry preserve and maple syrup

#### 485 Crisp Belgian Waffle... 9

With farm fresh berries

#### Vanilla Pancakes... 9

Citrus scented chantilly cream strawberries

### Etc.

#### 485 Steel Cut Organic Oatmeal... 7

#### 485 Half Pink Grapefruit... 5

Choice of Cereal with Milk... 6

Homemade Almond Granola with Milk... 7

Homemade Almond Granola Parfait... 7

#### 485 Fresh Cut Fruit Plate... 8

Assorted Danish Pastries or Muffins... 4

Toasted Bagel with Cream Cheese... 5

### We Proudly Brew Starbucks Coffee

Mocha Latte... 4

Espresso... 4

Café Latte... 4

Hot Tazo Tea... 4

Hot Chocolate... 4

Coffee... 4

### Beverages

Milk... 3

Fresh Orange Juice... 4

Fresh Grapefruit Juice... 4

V8®, Cranberry or Apple Juice... 4

Evian Water 1 liter... 7

San Pellegrino Water 1 liter... 7

### Art of Tea

Your choice of tableside steeped, hand selected organic tea... 6

Please ask your server for daily selections.

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## Lunch



### Soup, Salads and Flats

Farmers Market Soup of the Season... 5

Lobster Bisque... 6

Curry Chicken Salad... 13

Dried cranberries, toasted almonds, orange blossom honey, and organic greens

Butter Lettuce Salad... 9

Triple smoked bacon, living butter lettuce, tomatoes, and basil buttermilk dressing

**485** Steak and Greek Salad... 15

Red onions, cucumber, kalamata olives, feta cheese, and oregano citrus vinaigrette

**485** Roasted Organic Beet Salad... 8

Crumbled goat cheese, mandarin oranges, and honey cumin vinaigrette

Salt and Pepper Calamari Salad... 11

Mizuna, cilantro, chilis, green onion, sweet and spicy lime vinaigrette

**485** Wild Mushroom Flat Bread... 9

Red onion, fontina cheese, and white truffle oil

Greek Style Flat Bread... 9

Whipped hummus, tomato, cucumber, olives, onions, feta cheese and oregano vinaigrette

**485** Fiery Chicken Sausage Flat Bread... 9

Herbed ricotta cheese, balsamic glazed onions, and roasted tomato sauce

Roasted Garlic Shrimp Flat Bread... 10

Basil pesto, tomato, fontina cheese, and baby spinach

### Sandwiches

**485** Grilled Turkey Burger... 9

Arugula, melted provolone cheese, caramelized onions, tomato, and romesco on a toasted wheat bun

**485** Grilled Portobello Sandwich... 9

Roasted red peppers, sweet shallot marmalade, and melted havarti cheese

Half Pound Angus Burger with Fries... 10

American cheese, crisp bacon on a toasted potato bun served with fries

Renaissance Club Sandwich with Fries... 9

Oven roasted turkey breast, tomato, lettuce, avocado, buttermilk dressing, and crisp bacon on wheat bread

Chicken Teriyaki Sandwich... 10

Open-faced with grilled pineapple on wheat bread, served with steamed vegetables

### Share Plates

**485** Tuna Martini... 10

Ahi tuna, avocado, cucumber, seasmis chips, and sake ponzu

Crispy Fish Tacos... 10

Oregano lime slaw, salsa fresca, and jalapeno cream

**485** Chilled Chicken Lettuce Wraps... 11

Bean sprouts, cucumber, herbs, and shredded carrot

Kobe Hot Dog Sliders... 11

Duo of dogs on mustard seed buns with garlic fries

Bacon Wrapped Scallops... 13

Orange wasabi marmalade

### Trainer Meals [ created by our ELITE Trainers ]

**485** Cesar's Competition Lunch... 9

6oz. grilled free range chicken, steamed rice, and fresh vegetables

Larry's Elite Lunch... 12

Half roasted chicken with yams and asparagus

**485** Alex's Power Pack... 11

6oz. Seared tuna with brown rice and wilted spinach

Cory's Buffalo Burger (less fat, more protein)... 11

Open faced, topped with grilled onions, tomato, crisp lettuce served, with house made pickles and steamed vegetables

### Entrées

Edson's Korean BBQ... 14

Boneless beef slices flavorfully marinated overnight then cooked to a perfect color, aroma and taste. Served with sticky white rice and kimchi on the side

Shrimp and Lobster Black Pepper Spaghetti... 18

Red onion, wilted spinach, red peppers, brandied lobster cream

Kalua Pork... 16

Slow cooked pork shredded from the bone served with sweet potatoes, veggies, macaroni salad, and sweet rolls

Home Style Chicken Pot Pie... 16

English peas, pearl onions, baby carrots, tillamook puff pastry, served piping hot

Thai Style Sweet & Spicy Beef Bowl... 15

Thinly sliced rib eye steak with sticky rice, peanuts, sprouts, and cabbage salad

**485** Gazpacho Salmon... 15

Sweet onions, english cucumbers, heirloom tomatoes, and simply vinaigrette

### Sides

6oz. Turkey Patty... 5

One Hard Boiled Egg... 2

French Fries... 4

6oz. Grilled Chicken... 5

Baby Baked Potatoes... 4

Brown or White Rice... 3

Baked Yam... 4

8oz. Buffalo Burger Patty... 6

**485** Items approved by our Elite Trainers that contain less than 485 calories.

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## Dinner



### Soups, Salads & Flats

Farmers Market Soup of the Season... 5

Lobster Bisque... 6

Butter Lettuce Salad... 9

Triple smoked bacon, living butter lettuce, tomatoes, and basil buttermilk dressing

485 Baby Spinach Salad... 7

Poached anjou pears, blue cheese, toasted pine nuts, and aged balsamic dressing

485 Roasted Organic Beet Salad... 8

Crumbled goat cheese, mandarin oranges, and honey cumin vinaigrette

Salt and Pepper Calamari Salad... 11

Mizuna, cilantro, chilis, green onion, sweet and spicy lime vinaigrette

485 Wild Mushroom Flat Bread... 9

Red onion, fontina cheese, and white truffle oil

Greek Style Flat Bread... 9

Whipped hummus, tomato, cucumber, olives, onions, feta cheese and oregano vinaigrette

485 Fiery Chicken Sausage Flat Bread... 9

Herbed ricotta cheese, balsamic glazed onions, and roasted tomato sauce

Roasted Garlic Shrimp Flat Bread... 10

Basil pesto, tomato, fontina cheese, and baby spinach

### Share Plates

485 Edamame... 6

Steamed and served hot with japanese green tea salt

485 Blistered Shishito Peppers... 7

Bonito shavings and sea salt

Crispy Pork Belly... 12

Sweet chili garlic sauce and sticky rice

Skirt Steak Skewers... 12

Over steamed broccoli with aioli

Baby Baked Potatoes... 8

Sour cream, chives, and tillamook cheddar

485 Tuna Martini... 10

Ahi tuna, avocado, cucumber, seasmis chips, and sake ponzu

Kobe Hot Dog Sliders... 11

Duo of dogs on mustard seed buns with garlic fries

### Share Plates [ continued ]

Lamb Shawarma... 9

On whole wheat lavash, tzaziki, hummus, marinated tomatoes, red onions, and chili

Bacon Wrapped Scallops... 13

Orange wasabi marmalade

Crispy Fish Tacos... 10

Oregano lime slaw, salsa fresca, jalapeno cream

485 Chilled Chicken Lettuce Wraps... 11

Bean sprouts, cucumber, herbs, shredded carrot

485 Mongolian Style Lamb Chops... 12

Orange jicama salad and red chili raindrops

### Trainer Meals [ created by our ELITE Trainers ]

Larry's Elite Dinner... 12

Half roasted chicken with Yams and Asparagus

Cory's Buffalo Burger (less fat, more protein)... 11

Open faced, topped with grilled onions, tomato, crisp lettuce served with house made pickles and steamed vegetables

485 Michell's Plum Glazed Arctic Char... 13

Northern arctic salmon with sticky rice and wilted spinach

### Entrées

Shrimp and Lobster Black Pepper Spaghetti... 18

Red onion, wilted spinach, red peppers, brandied lobster cream

Braised BBQ Short Ribs... 17

Candied carrots and baby baked potatoes with all the fixings

485 Jamaican Picka Peppa Chicken... 17

Coconut scented rice, pineapple, and caribbean rum relish

485 Sesame Crusted Ahi Tuna... 19

Seared rare on watermelon and basil with organic soy glaze

12oz. Prime Flat Iron Plank Steak... 26

Asiago garlic fries and veggies

485 Pan Seared White Fish... 16

Grilled asparagus, fresh bay leaf and nutmeg cream, cucumber, tomato, and caper relish

Kalua Pork... 16

Slow cooked pork shredded from the bone served with sweet potatoes, veggies, macaroni salad, and sweet rolls

Edson's Korean BBQ... 14

Boneless beef slices flavorfully marinated overnight then cooked to a perfect color, aroma and taste. Served with sticky white rice and kimchi on the side

485 Items approved by our Elite Trainers that contain less than 485 calories.